

ANYONE CAN GET FOOD POISONING



But some people are more likely to get sick because their bodies can't fight germs as well.

People with a higher risk of FOOD POISONING



Adults aged 65 and older



Children younger than 5 years



People with weakened immune systems



Pregnant women

Choose and prepare food carefully to help prevent food poisoning.



U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention

www.cdc.gov/foodsafety

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