



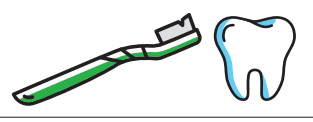
DEL APP
Lulu

Brush your teeth with fluoride toothpaste
and clean between your teeth
for a healthy smile!!



Visit MouthHealthy.org/ToothTeam for activity sheets.

HEALTHY SMILE TIPS



Brush your teeth twice a day with a fluoride toothpaste.



Clean between your teeth daily.



Eat a healthy diet that limits sugary beverages and snacks.



See your dentist regularly for prevention and treatment of oral disease.

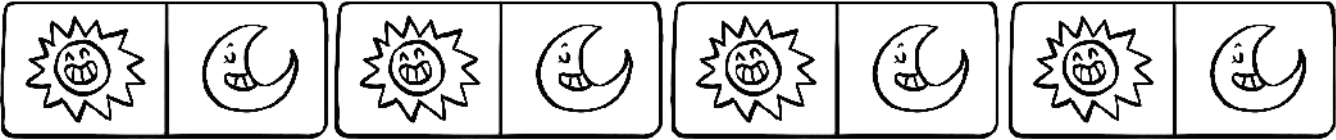




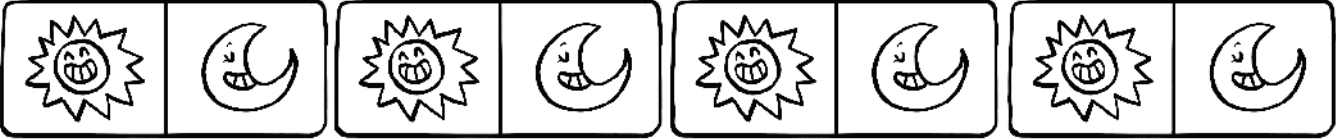
Have you brushed your teeth twice today?
Color in the boxes once you finish brushing!



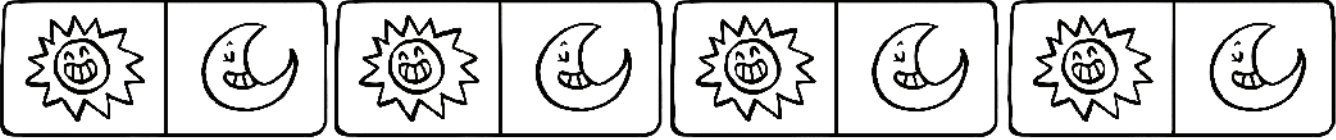
Sunday



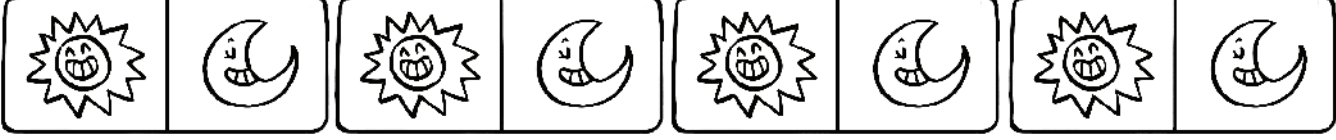
Monday



Tuesday



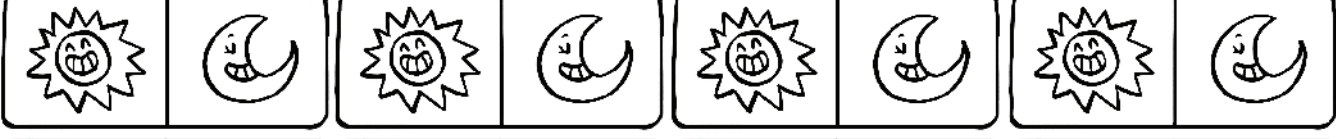
Wednesday



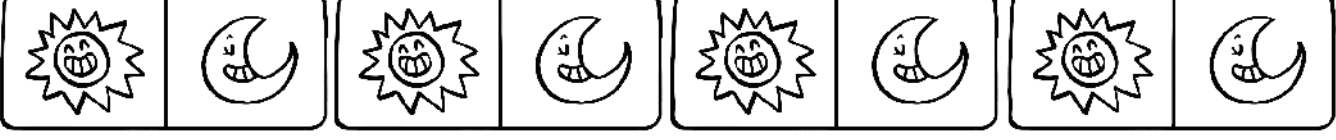
Thursday



Friday



Saturday



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ADA American Dental Association®



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Woof! Can you help the Tooth Team brush my teeth so I can have a healthy smile?



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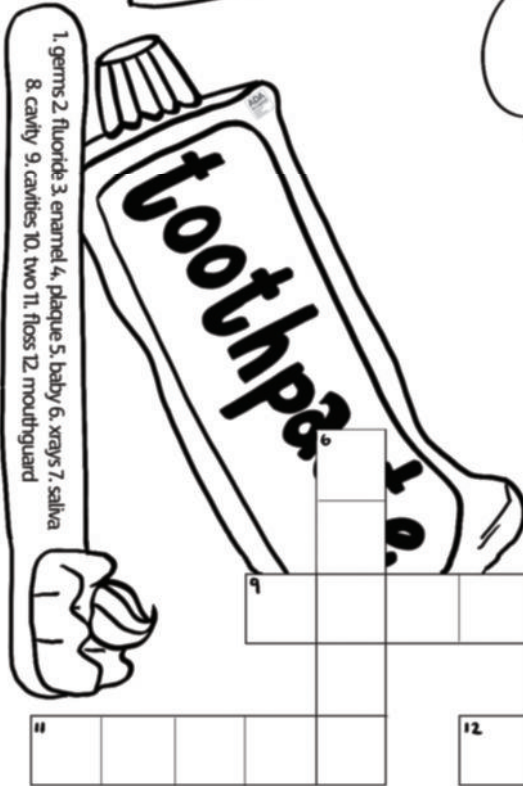
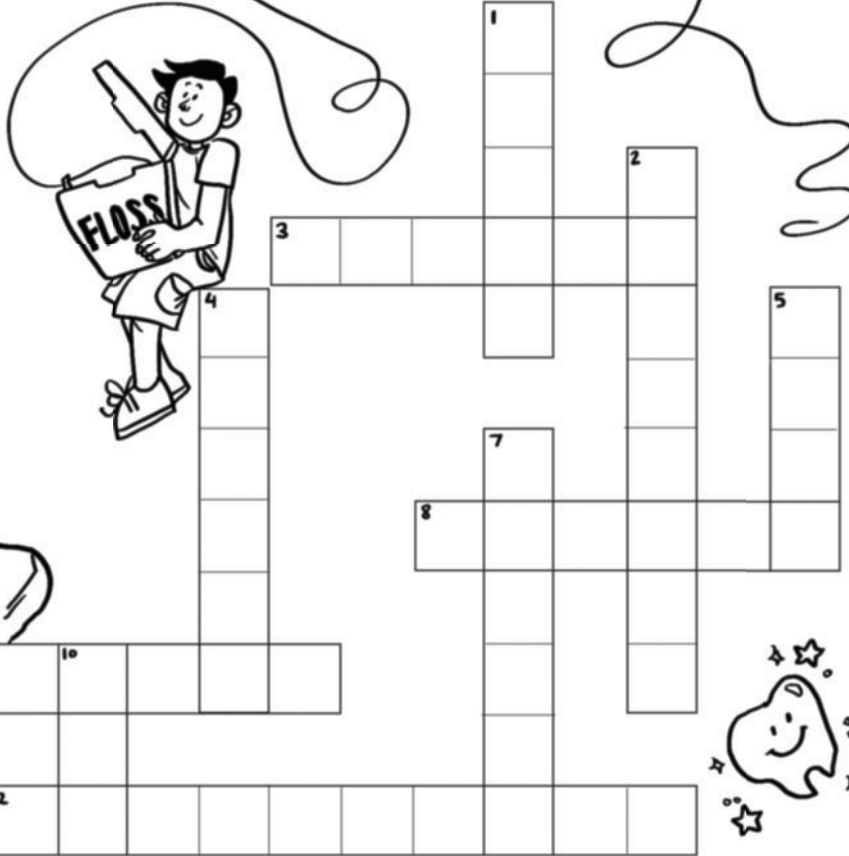


ADA American Dental Association®



WORD BANK

xrays baby saliva
 mouthguard fluoride plaque
 cavities germs two
 floss enamel cavity



1. germs 2. fluoride 3. enamel 4. plaque 5. baby 6. xrays 7. saliva
 8. cavity 9. cavities 10. two 11. floss 12. mouthguard

ACROSS

DOWN

3. The hard outer layer of a tooth is _____.
8. A _____ is a hole in your tooth.
9. Use toothpaste with fluoride to help prevent _____.
11. Clean between your teeth with dental _____.
12. Wear a _____ while playing sports to protect your teeth and mouth from injury.

1. Bacteria is another name for _____.
2. _____ helps protect your teeth from cavities.
4. _____ is a sticky film that if left on your teeth can lead to cavities.
5. _____ teeth are your first teeth.
6. Special pictures of your teeth that the dentist takes are called _____.
7. _____ washes away food and particles from your teeth and gums.
10. Brush your teeth for _____ minutes two times a day.

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