



# THANKSGIVING DAY

FOURTH THURSDAY IN NOVEMBER

**A**LMOST EVERY CULTURE in the world has held celebrations of thanks for a **plentiful harvest**. In the United States, Thanksgiving is a time for **tradition** and sharing. People **gather** with family and friends on the fourth Thursday in November to enjoy a traditional meal and to give thanks for life's many blessings. Even if family members live far apart they will try to come together for a family **reunion** at Thanksgiving.

The American Thanksgiving holiday began as a **feast** of thanks in the early days of the British **colonies** in America, almost four hundred years ago. In 1620, a ship named the "Mayflower," filled with more than one hundred people, left England and sailed across the Atlantic Ocean to the **New World**. Most of the travelers were from a religious group called "Separatists." They had separated from the Church of England because they no longer agreed with its beliefs. Separatists groups were **outlawed** in England, so they **migrated** to the Netherlands where they could practice their religion freely. Later they received permission and **funds** from England to establish a new colony in the **New World**. They had **intended** to settle close to other colonists along the southern coast. But they sailed off their course and landed further north in what is now Cape Cod Bay, in the state of Massachusetts. On December 21, 1620

they arrived at a place on the bay where they found an abandoned Indian village. They settled there, and called the new home Plymouth.

Their first year in the new settlement was very difficult. Most of the **Pilgrims**, as they called themselves, had come from English towns, and did not know how to live in the **wilderness**. Many were fearful of the forests. They were not skilled hunters because in England hunting was only for the **aristocracy**. Common people were **fined** or punished for shooting **game**. They had arrived too late to grow many crops, and their plants were not well **suited** to the climate. Their seeds of English wheat did not **germinate** in the new soil. In the first year, half the colony died from disease, and perhaps all would have **perished** if they had not received help and training from the native **inhabitants**, the Wampanoag Indians.

In March of 1621, a **delegation** of Wampanoag Indians, led by Massasoit, their military leader, arrived at the Pilgrims' settlement. Their purpose was to arrange an agreement with the settlers. The settlers would be allowed to stay on the Wampanoag land in exchange for protection against a **rival** Indian group. Massasoit brought with him an Indian named Tisquantuman, who knew some English and translated at the meeting. "Squanto," as the settlers called him, stayed with the Pilgrims, and was very



*PREVIOUS PAGE:* On Thanksgiving Day, families gather for a traditional turkey dinner as they give thanks for life's many blessings.

*ABOVE:* Sarah Josepha Hale was a writer and women's rights advocate who persuaded President Abraham Lincoln to proclaim a national Thanksgiving Day in 1863.



important to their **survival**. He and other Indians taught the settlers how to grow corn, a new food for the colonists, and showed them crops that grew well in the **unfamiliar** soil. He taught them how to fish and dig for **clams**, and how to move quietly through the forest and hunt game.

Throughout the year, the Wampanoag held festivals to thank the earth for its many gifts. The Pilgrims were also familiar with festivals of thanks at harvest time in England. By the fall of 1621, the settlers were learning to survive in their new home, and they harvested **bountiful** crops of corn, **barley**, beans, and **pumpkins**. They had much to be thankful for, so they planned a feast of thanks and special day of prayer. They invited Massasoit who came with ninety others and, according to legend, brought turkeys and deer meat to roast with the other game offered by the colonists. There were also clams, fish, eels, corn bread, squash, nuts, cranberries, and other foods at the feast. From the Indians, the colonists had learned how to cook cranberries (small **tart** berries) and different kinds of corn and squash. To

ABOVE: This traditional Thanksgiving dinner features a roasted turkey with herb dressing and gravy, mashed potatoes, cranberries, and green beans.

this first Thanksgiving, the Indians are said to have even brought popcorn.

Until recently, school textbooks often presented the story of the Pilgrims as one in which the Pilgrims cooked the entire Thanksgiving feast, offering it to the “less **fortunate**” Indians. In fact, as we know now, the feast was planned **in part** to thank the Indians for teaching them how to live in the wilderness, and how to acquire and cook those foods. Without the Indians, the first settlers would not have survived.

### **The Making of a Holiday**

Colonists continued to celebrate the autumn harvest with a feast to give thanks. After the United States declared independence in 1776, Congress recommended having one day of giving thanks for the whole nation. George Washington suggested the date November 26. Much later Thanksgiving became an official holiday, largely due to the efforts of Sarah Josepha Hale, a well-known editor of the mid-1800s. She had **campaign**ed for many years to make Thanksgiving a national holiday. Finally in 1864, at

the end of the Civil War, she **persuaded** President Lincoln, and he declared the last Thursday in November an official Thanksgiving Day. In 1941, the fourth Thursday in November was **proclaimed** a federal legal holiday, giving most people a four-day vacation from work and school.

Thanksgiving falls on a different date each year. Therefore, the President must proclaim the date every year as the official holiday. In the proclamation, the President **pays tribute** to the historic observance and the significance of the first Thanksgiving at Plymouth in 1621.

In the Thanksgiving spirit of sharing, it is common today for civic groups and charitable organizations to offer traditional Thanksgiving meals to those in need, particularly the homeless. Communities take up **food drives** for needy families during the holiday.

In 1988, a Thanksgiving ceremony of a different kind took place at the Cathedral of St. John the Divine in New York. More than four thousand people gathered there on Thanksgiving night. Among them were Native Americans representing **tribes** from all over the country, and **descendants** of people whose **ancestors** had migrated to America.

The ceremony was a public **acknowledgment** of the Indians' role in the first Thanksgiving 367 years before.

*We celebrate Thanksgiving along with the rest of America, maybe in different ways and for different reasons. Despite everything that's happened to us since we fed the Pilgrims, we still have our language, our culture, our distinct social system. Even in a nuclear age, we still have a tribal people.*

—Wilma Mankiller  
principal chief of the Cherokee nation

### Symbols of Thanksgiving

Turkey, corn, pumpkins, squash, nuts, and cranberry sauce are symbols that represent the first Thanks-

## Thanksgiving Menu

*Roast turkey  
stuffed with herb-flavored bread  
Cranberry sauce or jelly  
White mashed potatoes with gravy  
or sweet potatoes  
Corn  
Pumpkin pie  
Mincemeat pie*

giving. These symbols, as well as **depictions** of Pilgrims and the Mayflower, are found on holiday decorations and greeting cards. Autumn colors of orange, red, brown, and yellow are often used in table or door decorations, along with dried flowers, colorful gourds and “**Indian corn**.” All of these items represent the harvest and the fall season.

Cranberries, which grow in **bogs** and marshy areas in the New England states, are always on the Thanksgiving table today. The tart berry had many uses for the Indians. It was sweetened to make

a delicious sauce; it was used to fight infection; and the red juice was used as a dye for blankets and rugs. The Indians called it “**ibimi**” or “**bitter berry**.” The colonists called it “**crane-berry**” because the bent stalk reminded them of a crane, a bird with a long-neck.

### Glossary

- plentiful:** *adj.* a very large amount; more than enough  
**harvest:** *n.* the gathering of food crops  
**tradition:** *n.* custom, belief, ritual, or practice, often from the past  
**gather:** *v.* to join together; to meet  
**reunion:** *n.* meeting of a family or group, often to celebrate  
**feast:** *n.* great meal with a lot of good food, often for celebrations  
**colony(ies):** *n.* a group of people living in a new territory with strong ties or links to their parent country; the link is usually at the level of the government  
**New World:** *phrase.* name given by early explorers to the Western Hemisphere and specifically North America  
**outlaw(ed):** *v.* to make illegal  
**migrate(d):** *v.* to move, usually a far distance, to a new place of location  
**fund(s):** *n.* money; financial support  
**intend(ed):** *v.* to plan; to have as a purpose  
**Pilgrim(s):** *n.* member of a religious group that founded a colony in North America

# Over the River and Through the Woods



O-ver the riv-er and through the woods to



Grand-moth-er's house we go. The horse knows the way to



car-ry the sleigh through the white and drift-ed snow.—



O-ver the riv-er and through the woods, oh,



how the wind does blow! It stings the nose and



bites the toes as o-ver the ground we go.



**wilderness:** *n.* wild area; nature  
**aristocracy:** *n.* royalty; nobility; upper class  
**fine(d):** *v.* to charge a fee as punishment  
**game:** *n.* wild animals hunted for food or sport  
**suit(ed):** *adj.* matched; appropriate for  
**germinate:** *v.* to sprout; to start to grow, such as a seed  
**perish(ed):** *v.* to die  
**inhabitant(s):** *n.* one who lives in a specific place or region  
**delegation:** *n.* official group or representatives  
**rival:** *adj.* competing; enemy  
**survival:** *n.* ability to live  
**unfamiliar:** *adj.* unknown; new  
**clam(s):** *n.* type of shellfish found buried in the sand or mud  
**bountiful:** *adj.* plentiful; producing a lot; abundant  
**barley:** *n.* a type of cereal used in making some beverages and soups  
**pumpkin(s):** *n.* large orange squash-like vegetable  
**tart:** *adj.* sweet and sour taste combined  
**fortunate:** *adj.* lucky; blessed; successful  
**in part:** *prep. phrase.* partly  
**campaign(ed):** *v.* to push or advance

a cause; to promote  
**persuade(d):** *v.* to convince someone to do something  
**proclaim(ed):** *v.* to declare; to announce publicly  
**pay(s) tribute:** *v. phrase.* to honor with praise and respect  
**food drive(s):** *phrase.* an activity to collect food for the poor and the home-bound, sick people  
**tribe(s):** *n.* ethnic, genetic, or language group  
**descendant(s):** *n.* a person proceeding from an ancestor; offspring of an ancestor  
**ancestor(s):** *n.* relative who lived in the past, such as grandparent  
**acknowledgement:** *n.* statement or gesture that shows appreciation  
**depiction(s):** *n.* picture, drawing, or representation of something  
**gourd(s):** *n.* squash-like plant; the dried hollow shell of the plant's fruit  
**Indian corn:** *n. phrase.* dried corn with red, yellow, or blue kernels, often used as decoration  
**bog(s):** *n.* wetland

ABOVE: A cornucopia of grapes, corn, and pumpkins is a symbol that represents the first Thanksgiving.