Bullying Actions and Victim Responses

Bullying (Provoking)	Giving In (Submissive)	Hurting Back (Aggressive)	Standing Up (Assertive)
Bully roughly cuts in line in front of Victim.	Victim steps back, puts head down, and says nothing.	Victim shoves Bully out of line and says, "You jerk!"	Victim stands tall and says, "This is my place. No cutting allowed."
Bully grabs a candy bar that Victim is holding. "Give me that!"	Victim lets Bully take the candy bar and timidly says, "O.K."	Victim screams and kicks Bully.	Victim firmly holds on to the candy bar and says, "Sorry, but this is mine."
Bully laughs and points at Victim and chants, "Loser, Loser!"	Victim looks upset and starts to cry.	Victim angrily replies, "Your mother is ugly."	Victim calmly looks at Bully and says, "You're just wasting your breath trying to make me mad."
Bully whispers to pals, "If you want to be my friend, you can't play with (name of Victim)."	Victim finds out, sits alone at a table and says, "I guess I have to eat by myself."	Victim finds out and tells a nasty rumor about Bully.	Victim talks privately with Bully and says, "I know you're talking about me behind my back, and I don't like it."
Bully tells Victim, "You stink on first base. I'm taking over. Out of my way, stupid."	Victim says, "Sorry I messed up," and hands his glove to the Bully.	Victim shouts, "Who are you calling stupid, you big moron!"	Victim stays on base and says, "I'm playing first base for the rest of the game."