



Resources for Children with Special Needs

Americans with Disabilities Act (ADA)

The Americans with Disabilities Act is the most comprehensive civil rights legislation adopted to prohibit discrimination against individuals with disabilities.

Access Pass

The Access Pass provides access to more than 2,000 recreation sites throughout the U.S.

- Free pass for documented permanently disabled people
- Free entrance fees at any place that accepts the pass
- Free or discounted amenities at any place that accepts the pass

Website: www.store.usgs.gov/pass/access.html

National Parks, Monuments, Forests, Wildlife Refuge, Fishing Services

- Free admittance with Access Pass for disabled persons and their carpool
- 50% off most amenities

Center for Children with Special Needs

The Center for Children with Special Needs provides information to families and professionals focusing on children who have chronic physical, developmental, behavioral or emotional conditions such as asthma, cancer, autism, or cerebral palsy. The Center for Children with Special Needs website has many helpful links which provide information on a variety of summer activities throughout Washington State, as well as resources for parents.

Website: www.cshcn.org

Provail

Provail's mission is to help children and adults with disabilities live better lives. They are a private, multi-service agency dedicated to meeting the needs of people with all types of disabilities.

Website: www.provail.org

Northwest Center Child Development

Northwest Center Child Development Program is an inclusive program that serves children with and without disabilities. Programs include early intervention services for children with disabilities, early learning programs, full-day child care, before and after school care, and summer camps.

Website: www.nwcenterkids.org

Bellevue Youth Theatre

The Bellevue Youth Theatre blends the wisdom of children with the youthful enthusiasm of seniors. People with disabilities, families and senior citizens are encouraged to participate.

Website: www.bytf.org

Starlight Children's Foundation

Starlight offers a comprehensive menu of outpatient, hospital-based, and Web services to support chronically ill children and their families across the globe. Programs include Starbright World, a social network for teens with chronic illnesses, hospital happenings such as fun-filled parties for hospitalized children, and online educational resources for children and families.

Website: <http://www.starlight.org/>

Registration Form:

<https://docs.google.com/spreadsheets/embeddedform?formkey=dEgwOWw3T0FYVTlqc0FCeXV4UkFsTEE6MQ>

The Arc of Washington State

The Arc of Washington State advocates for the rights and full participation of all people with intellectual and developmental disabilities and provides programs that connect families of children with developmental disabilities with families with children with similar disabilities as well as resources to enhance the quality of life of those with developmental disabilities. The Arc of Washington State has chapters in Seattle, Richland, and Yakima.

Website: <http://arcwa.org/>

Summer Camps

Aspiring Youth Summer Camps (4 day camp)- Seattle

Aspiring Youth Summer Camps offer exciting choices-such as video production, theatre, Legos, art, indoor climbing and more. With these incredible enrichment activities as a foundation, our master's level counselors help campers build confidence and connect to new friends. Both themed and traditional camps are available

Website: http://aspiringyouth.net/summer_camps.php

Contact Name: Ben Wahl, info@aspiringyouth.net

Phone: 206-517-0241

Link to Flyer:<http://aspiringyouth.net/financialforms/2013%20Summer%20Camps%20flyer%20.pdf>

Camp Berachah - Auburn

Camp Berachah has been providing events and camps for thousands of youth, adults, families, and churches throughout the Pacific Northwest. Camp Berachah offers a wide variety of programs and facilities that are available for Christian churches, non-profit organizations, and families.

Website: www.campberachah.org

Special Needs Coordinator, Natalie Head. Email: nhead@campberachah.org

Phone: (253) 939-0488

Link to Schedule: http://www.campberachah.org/camps/day_camps.html

Camp Korey - Carnation

Camp Korey's mission is to honor the courage, strength, and determination of children living with serious and life-altering medical conditions and their families; and to provide them with a safe, friendly, medically sound environment in which to simply have fun and be kids. Camp Korey hosts children with serious illnesses and their families. Camp Korey hosts summer camp sessions, year-round Hospital Outreach, family weekends, youth programs, all-camper events, and more! Camp programs are free to children and their families.

Website: www.campkorey.org

Executive Director, Hillary Carey. Email: hcarey@campkorey.org
Phone: (425) 844-3100
Link to Schedule: <http://campkorey.org/camper-programs/summer-camp>

Camp Stand by Me - Vaughn, Pierce County

Camp Stand By Me is a fully accessible recreational facility providing summer camps for children and adults of any age with any disability. The camp's facilities and trained staff allow campers to participate in all activities, regardless of their disabilities, giving each camper the opportunity to have a fully inclusive experience that he or she will never forget!

Website: http://wa.easterseals.com/site/PageServer?pagename=wadr_camping_recreation
Phone: (206) 281-5700 / toll free (800) 678-5708

Highland Community Center Summer Day Camp - Bellevue

The Highland Community Center provides programs that give individuals with disabilities opportunities for recreation, socialization, and learning. The programs help individuals participate more successfully in the community. The center also offers a wide array of recreation, sports, fitness, cultural arts and social programs.

Website: http://www.bellevuewa.gov/highland_center.htm
Phone: (425) 452-7686

Lions Camp Horizon - Blaine

Lions Camp Horizon hosts approximately 200 special needs campers at one of its four regular sessions. They accept a wide range of special needs conditions and generally try to accommodate all campers who can benefit from our range of activities. Each application is reviewed by their staff to ensure that the camp environment and activities are appropriate for the camper.

Website: www.lionscamphorizon.org
Email: campdirector@lionscamphorizon.org
Phone: (360) 371-0531
Link to Schedule:
http://www.lionscamphorizon.org/index.php?option=com_content&view=section&id=2&Itemid=3

M-Bar-C Ranch - Freeland

M-Bar-C promotes old-fashioned fun through western adventure. The ranch provides a safe and enriching environment where everyone, despite physical or mental limitations, has the opportunity to enjoy being a kid for a day. Visits to the Ranch are free!

Website: www.m-bar-c.org/index.htm
Email: info@m-bar-c.org
Phone: (360) 331- 6019
Link to Schedule: <http://www.m-bar-c.org/Calendar.htm>

Outdoors for All Day Camp – Seattle and Issaquah

Outdoors for All Day Camps provide an active camp environment for children with and without disabilities ages 5 – 21. The camp strives to build each camper's social development, self-confidence and motor skills by accommodating the needs of each camper. The camps are designed to provide a

welcoming, fun and nurturing environment; activities are structured as “challenge by choice”, allowing for a wide variety of abilities, fitness and fun!

Website: <http://www.outdoorsforall.org/DayCamps.html>

Program Director, Molly Harrigan. Email: MollyHarrigan@outdoorsforall.org

Phone: (206) 838-6030

UW Autism Center Summer Day Camp – Seattle

The University of Washington Autism Center Summer Day Camp is designed for 6-12 year olds with Aspergers disorder and related disabilities. Campers have the opportunity to develop friendships and learn important social interaction skills. The camp will provide fun activities and field trips around the Seattle area including hiking, bowling, and swimming.

Website and Schedule: <http://depts.washington.edu/uwautism/clinical-services/Summer-Camp.html>

http://depts.washington.edu/camp2013/Apex_Summer_Camp/Home.html

Camp Director, Ben Aaronson. Email: camp2013@uw.edu

Phone: (206) 221-6806

The Center for Children with Special Needs and the Washington State Department of Health has also created a Summer Camp Directory which provides information on many other summer programs for children with special needs. The directory can be found [here](#).

Sports and Outdoor Activities

Bellevue Specialized Recreation

The Bellevue Department of Parks of Recreation offers specialized programs for those with developmental disabilities. Activities include bowling, cooking, and softball.

Website: <http://parksreg.bellevuewa.gov/Activities/Activities.asp?SCheck=1069114254&SDT=41437.496712963§ionId=20>

Blue Compass Camps:

Blue Compass’ mission is to provide opportunities for children and adolescents to grow socially and emotionally through motivating peer-group adventure experiences. Blue Compass is a collection of summer camps based out of Seattle, Washington for kids and teens ages 7-18 with Aspergers, High-Functioning Autism, and ADHD who can benefit from outdoor adventures focused on building social and self confidence.

Website: www.bluecompasscamps.com

Admissions Email: cpotter@bluecompasscamps.com

Phone: (866) 683-6262

C.A.S.T for Kids Foundation

C.A.S.T. “Catch a Special Thrill” for Kids Foundation is a public charity that was formed in 1991 to join volunteers who love to fish with disabled and disadvantaged children for a day of fishing in the outdoors.

Website: www.castforkids.org/index.aspx

Phone: (425) 251-3202

Cougar Mountain Zoo

The Cougar Mountain Zoo in Issaquah is located on the north facing slope of Cougar Mountain and is home to animals such as cougars, lemurs, cranes, reindeer, macaws, wallabies, and tigers. The zoo is open Wednesday through Sunday from 9:30 am to 5:00 pm from January through November. No discounts are given to the disabled or to caregivers but children under 2 receive free admission. The zoo is wheelchair accessible.

Website: www.cougarmountainzoo.org
Address: 19525 SE 54th St, Issaquah, WA 98027
Email: info@cougarmountainzoo.org
Phone: (425) 391-5508

Issaquah Specialized Recreation

Issaquah Specialized Recreation offers specialized programs for those with developmental disabilities. Activities include bowling and pizza, community club, chorus, dances, drama club, Saturday social club, holiday celebrations, and Thursday Supper Club. Specialized recreation staff provides leadership to the programs but they are unable to provide attendant care. Personal attendants can participate in programs free of charge when helping participants that need one-on-one assistance.

Website: <http://www.ci.issaquah.wa.us/Index.aspx?NID=808>
Phone: 425-837-3300

NORTHWESTREK Wildlife Park

The entire park is ADA accessible and wheelchairs can be secured to Trams for park tours.

Website: <http://www.nwtrek.org/>
Phone: (360) 832-6117

Outdoors for All Foundation:

The Outdoors for All Foundation's mission is to enrich the quality of life for children and adults with disabilities through outdoor recreation. The foundation is a national leader and one of the largest nonprofit organizations providing year round instruction in outdoor recreation for people with physical, developmental, and sensory disabilities since 1978.

Website: www.outdoorsforall.org/index.html
Email: info@outdoorsforall.org
Phone: (206) 838-6030 x200 Program Hotline: (206) 838-4995

Professional Association of Therapeutic Horsemanship International

More than 6,500 PATH Intl. members help more than 42,000 children and adults with physical, mental and emotional challenges find strength and independence through the power of the horse each year. More recently, programs offer services in human growth and development to serve wide-ranging audiences for such educational purposes as leadership training, team building and other human capacity enhancement skills for the workplace and for daily use.

Website: www.pathintl.org
Sites in the 8th District include Auburn and Graham

Auburn Website: www.campberachah.org Auburn Email: lstrappello@campberachah.org
Graham Website: www.changingrein.com Graham Email: sandra@changingrein.com
Graham Phone: (253) 820-3289

Sailing Heritage Society

The Sailing Heritage Society provides therapeutic sails for children and their families to help ease the physical and emotional burden of cancer and other serious illnesses. The society builds self-confidence and skills development by engaging at-risk and marginalized youth through our Challenge Sails program, leading to improved self-esteem and resiliency. The Sailing Heritage Society welcomes people with a wide range of emotional, mental or physical challenges on sailing trips.

Website: www.sailingheritage.org/index.html
Email: membership@sailingheritage.org
Phone: (206) 381-6919

Seattle Adaptive Sports

Adaptive Sports is dedicated to the promotion and well being of physically challenged individuals, by giving them the opportunity to participate and compete in athletic and recreational activities, including basketball and track. Participants benefit from the physical activity and social opportunities offered by the organization, improving self-esteem and physical well being, as well as independence.

Website: www.seattleadaptivesports.org
Email: info@seattleadaptivesports.org
Phone: (206) 726-3984

Seattle Pools:

Many Seattle Public Pools are ADA accessible and equipped to accommodate individuals with special needs. *Seattle Indoor Pools:* Ballard Pool, Queen Anne Pool, Meadowbrook Pool, Medgar Evers Pool, Southwest Pool, Evans Pool, Madison Pool
Seattle Outdoor Pools: Colman Pool

Website: <http://www.seattle.gov/parks/pools.asp>

Special Olympics Washington

Special Olympics Washington provides year-round sports training and athletic competition in a variety of Olympic type sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in the sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community.

Website: www.specialolympicswashington.org
Email: info@sowa.org
Phone: (206) 362-4949 Fax: (206) 361-8158

The Tacoma Youth Maritime Academy

The Tacoma Youth Maritime Academy is a new, Independent, grass roots movement to bring a level of equality to local children's programs that has not been possible before. The mission is to provide a free of charge public service of learning about boating to the youth of our area. The goal is to provide a maritime youth program dedicated to serving persons with disabilities, and a place to learn, to grow, and to make friendships that will last a lifetime.

Website: <http://www.sailondefiance.com>
Email: jasonamsservice@gmail.com
Phone: 360-536-2304

Washington Youth Soccer TOPSoccer Program

The Outreach Program for Soccer (TOPSoccer) is a program for players 4 years of age and older who have developmental and/or physical disabilities. TOPSoccer creates an opportunity for kids with disabilities to be part of the soccer community, where they grow emotionally and physically and where their families, coaches and buddies connect to share in the joy of playing soccer. TOPSoccer operates state-wide and hosts multiple events within the district.

Website: <http://www.washingtonyouthsoccer.org/programs/topsoccer/>
Outreach Coordinator, Heather Turney. Email: heather@WashingtonYouthSoccer.org
Phone: (253) 944-1609

Seattle Attractions

Experience Music Project (EMP)

- Caregivers free
- Case by case basis for disabilities
- Wheelchair accessible

Pacific Science Center

- Caregivers free
- All general exhibits are wheelchair accessible
- Wheelchair loans are available
- Service animals are welcome
- Both Pacific Science Center theaters are wheelchair accessible

Seattle Aquarium

- Disabled adults receive \$2 off admission
- Caregivers free

Seattle Art Museum

- Facilities are wheelchair accessible
- Drop-off area
- Wheelchair loan
- Hearing-impaired services such as infrared hearing devices and translators are available
- Free for children 12 and under are free

Seattle Children's Museum

- All exhibits wheelchair accessible
- If child has medical coupon, admission is free
- Opens early the first Saturday of every month and invites kids with autism and their families in for a \$3 admission fee

The Museum of Flight

- ADA compliant exhibits
- Caregivers free

Woodland Park Zoo

- Those with disabilities receive \$2 off admission
- Caregivers free
- Free disabled parking with visible pass
- Service dogs are allowed

Cinemas offering select G & PG movies for \$1 on Tuesdays and Wednesdays at 10AM.***Auburn:***

- Auburn Stadium 17
June 25-August 21
- Other times, caregiver receives a free pass

Bellevue:

- Crossroads Stadium 8
June 25-August 21
- Other times, caregivers receive a free pass

Bonney Lake:

- Tall Firs 10
June 25-August 21
- Other times, caregivers receive a free pass

Puyallup:

- Longston Place Cinema Stadium 14
June 25-August 21
- Other times, caregivers receive a free pass

Renton:

- Regal The Landing Stadium 14
June 25-August 21
- Other times, caregivers receive a free pass

Seattle:

- Thornton Place Stadium 14 & IMAX
June 25-August 21
- Other times, caregivers receive a free pass

Regal Theaters has a policy that caregivers always receive free admission.

Other Cinemas Offering Discounts**Leavenworth**

- Junction Cinema: Caregivers receive free admission

ADA Accessible Parks

Auburn:

- Les Grove Park
- Harvey Manning
- Tibbetts Creek Manor

Bellevue:

- Ashwood Playfield
- Bannerwood Sports Park
- Bellevue Botanical Garden
- Bovee Park
- Chism Beach Park
- Crossroads Park
- Enatai Neighborhood Park
- Forest Glen Neighborhood Park
- Goddard Mini Park
- Goldsmith Neighborhood Park
- Hidden Valley Sports
- Hillaire Park
- Ivanhoe Park
- Killarney Glen Park
- Lake Hills Community Park (Boat Park)
- Lakemont Highlands Neighborhood Park
- Lattawood Park
- McCormick Park
- Meydenbauer Beach Park
- Newport Hills Park
- Phantom Lake Loop
- Sixth Street Park
- Spiritridge Park
- Sunset Park
- Wildwood Park

Chelan County

- Apple Capital Loop Trail
- Beebe Bridge Park
- Chelan Falls Park
- Chelan Falls Powerhouse Park
- Chelan Riverwalk Park
- Entiat Park
- Manson Bay Park
- Old Mill Park
- Kirby Billingsley Hydro Park
- Rocky Reach Dam Park
- Walla Walla Point Park
- Wenatchee Riverfront Park

Issaquah

- Central Park

Lake Chelan

- Lakeside Park
- Don Morse Park

Leavenworth

- Enchantment Park

Mercer Island:

- Homestead Park
- Island Crest Park
- Luther Burbank Park
- Mercerdale Park
- Pioneer Park
- South Mercer Playfields

Renton

- Cedar River Park
- Gene Coulon Memorial Beach Park
- Liberty Park
- Philip Arnold Park
- Riverview Park
- Thomas Teasdale Park

Sammamish:

- Sammamish Commons

Snoqualmie:

- Centennial Park
- Snoqualmie Community Park

Seattle:

- Alki Beach Park
- Beacon Hill Playground
- Bradner Gardens Park
- Burke-Gilman Playground Park
- Camp Long
- Carkeek Park
- Cascade Playground
- Commodore Park
- Delridge Playfield
- Discovery Park
- East Queen Anne Playground
- Garfield Playground
- Gas Works Park

- Genesee Park and Playfield
- Georgetown Playfield
- Golden Gardens Park
- Green Lake Park
- Hiawatha Playfield
- Hutchinson Playground
- Lincoln Park
- Magnolia Playfield
- Maple Wood Playfield
- Matthews Beach Park
- Meadowbrook Playfield
- Montlake Playfield
- Mt. Baker Park
- Northacres Park
- Othello Playground
- Peppi's Playfield
- Powell Barnett Park
- Pratt Park
- Rainier Beach Playfield
- Ravenna Park
- Rogers Playground
- Sam Smith Park
- Sandel Playground
- Seward Park
- Volunteer Park
- Wallingford Playfield
- Walt Hundley Playfield
- Warren G. Magnusson Park
- White Center Heights Park
- Woodland Park
- Asahel Curtis Picnic Area (Restrooms, picnic area, and trails are ADA accessible)
- Boulder Cave (Restrooms, picnic area, and trails are ADA accessible)
- Burke Lake Southwest (Restrooms and fishing are ADA accessible)
- Bridgeport (Restrooms, campground, and picnic area are ADA accessible)
- Daroga (Restrooms, campground, picnic area, and trail are ADA accessible)
- Denny Creek Campground (Restrooms and campground are ADA accessible)
- Gold Creek Pond Picnic Area (Restrooms and trails are ADA accessible)
- Indian Camp (Restrooms and campground are ADA accessible)
- Issaquah Hatchery (Restrooms and interpretive viewing decks are ADA accessible)
- Mt. Si Trailhead (Restrooms, picnic area, and interpretive viewing decks are ADA accessible)
- Potholes (Restrooms, campground, picnic area, and trails are ADA accessible)
- Potholes Reservoir (Restrooms and campground are ADA accessible)
- Soos Creek Hatchery (Restrooms and interpretive viewing decks are ADA accessible)
- Tiger Summit Trailhead (Restrooms, picnic area, and interpretive viewing decks are ADA accessible)
- Wenatchee Confluence (Restrooms, campground, picnic area, and trails are ADA accessible)

Wenatchee

- Rotary Park

Washington State Parks:

- 15 Mile Creek Educational Site (Restrooms and trails are ADA accessible)

Additional ADA Accessibility information for Washington State Parks can be found at:

<http://www.parks.wa.gov/ada-rec/detail.aspx?regionNbr=4#33>